

Continued Education & Course Offerings: Institute for Learning in Retirement

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You're never too old to learn something new, make new friends and make a difference in another person's life.

The Institute for Learning in Retirement (ILR) allows you to do all these things, and so much more.

The Institute for Learning in Retirement, a non-profit community-based organization of self-motivated retirement-age members, provides peer learning in a relaxed atmosphere and is sponsored by the Institute on Aging and Oak Hammock at the University of Florida and affiliat-

ed with the Elder Hostel Network.

There are no pre-requisite degrees or diplomas required to take classes. A desire to learn and participation in the group are the only requirements. In fact ILR members decide course offerings and often lead study groups.

Study group sessions cover many diverse subjects. Four study group sessions are held a year, with both 4-week and 6-week terms available. Register now for classes starting January 2002:

Global Perspectives - Background of the Current Global Crisis Visions for the Future. A stimulating series of lectures that will provide back-

ground for our understanding of the current crisis and broaden our horizons for the future.

Jane Austen Revisited. A study of the work and times of Jane Austen.

The Retirement Transition. Explore the transition from full-time work to retirement and the issues and choices confronted during early retirement years.

Science in the Twenty-first Century. Speakers in Medicine, Psychology, Geography/Geology and Physics.

Great Decisions Discussion Group. Covering topics on International food policy, Korean security issues, South Asia, Middle East peace process, Colombia and drug trafficking,

Russia, AIDS in Africa and Energy and the environment

Yoga for Seniors. Join other retirees to learn and practice yoga - a time honored form of spiritual as well as physical conditioning.

The classes will be offered at the Harn Museum and Oak Hammock Conference Rooms. To register or determine time and location, please contact the Oak Hammock offices at (352) 271-8411 or visit our Web site at www.oakhammock.org. Most classes will meet once weekly for a two-hour period, and all classes cost \$20 with the exception of yoga, which costs \$60. Δ



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